



## Welcome to Care@Work

Get the care you need—wherever you are.

Life is unpredictable, and sometimes, we could all use a little extra help. Care@Work gives you access to:

- Local caregivers for one-time or ongoing care needs
- Profiles, reviews and background check options
- Online screening and hiring
- Payroll management
- Expert advice on finding and managing care

### Take Care@Work with you

Our easy-to-use app lets you tap into our national network of caregivers 24/7.

care@work  
BY CARE.COM



Activate and use your benefit at [lam.care.com](http://lam.care.com) or call 855.781.1303



## FIND, BOOK & PAY CAREGIVERS

Manage every step of the hiring process through Care.com.

- Post jobs detailing what your family needs
- Set up interviews and access background check options
- Hire and pay through our new scheduling system

## REQUEST BACKUP CARE

Sick kids? Mom and Dad need help in a pinch? You're covered.

- Request last-minute child or adult/senior care
- Access prescreened, qualified caregivers
- Set up in-home help, transportation and more



## TALK TO CARE ADVISORS

Our advisors can help you set up senior or adult care tailored to your family's needs

- A thorough, documented needs assessment
- Initial phone screenings and gathering of reference contact information
- A customized and detailed report on potential candidates

## Your Lam Research Backup Care Benefits

**For children and adults:** 10 days  
Benefit is per year, January 1 – December 31

**Subsidized Rates:** \$6.00/hour for in-home care  
\$25 per child per day at child care centers